



Post Script

American Legion Springfield ♦ Post 176 6520 Amherst Avenue ♦ Springfield, VA 22150

www.post176.org

703-440-0336

May-June 2020



From the Desk of the Commander
 Wow, our lives sure changed quickly. I trust you are all well and by the time we are reading this, **we are back to “normal.”** Last month while we were shut down, we finished renovating the restrooms and the planning for the ATLAS Project grand opening scheduled for May 11. We placed a second CONEX for storage in the buffer zone and are cleaning out the closets inside the building. We are sad to see our General Manager Bob and Grace Eidsvoog retire and head on home to Minnesota. As veterans, we get used to moving, but this one is not an easy one. A great big thank you to Bob – he was the lynchpin during the difficult years of our Post and he made a huge difference. We will miss you and Grace! Dennis Madtes, Post 176, Post Com-



Post General Manager
 Many of you know that I am leaving soon. I might have already left by the time you read this. My wife and I are moving to Minnesota to be closer to family. I was diagnosed with prostate cancer in May of 2019 and have been battling the disease ever since. With time being shorter than I expected, the move is important to all of my family and is just a logical thing to do given my health situation. My cancer was stage 4 and metastasized into my lymph nodes and spine. There are 3 tumors on my spine in various locations with the most problematic location being the lumbar area (L3) where there is also a break in the bone. This issue is likely what is causing the constant pain I have from the waist down to my feet. (Pg. 2)

What’s Happening?

Post 176 publishes a weekly email newsletter that will keep you up to date on Post 176 happenings. If you are not getting the e-newsletter, it means we don’t have your email address.

To get on our emailing list. Go to <http://post176.org/> and click on the **subscribe box and fill out the form.** In the “Organization” box, put in Legionnaire, Sons, Auxiliary, or Friend. Then click on the “SUBSCRIBE” button.

SUBSCRIBE to Post 176 E-News

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Important Dates

8 May	VE Day
12 May	Mothers Day
18 May	Armed Forces Day
27 May	Memorial Day
6 Jun	D-Day
14 Jun	Flag Day
16 Jun	Fathers Day
27 Jun	Korean War Began

Post General Manager

I had 9 radiation treatments and 6 chemo treatments that did not cure my condition however I am alive and hopeful for the future. I will be on a hormone treatment the remainder of my life and another drug called Xgeva for one year. Enough about me.

The Post is doing well and will continue to prosper with your participation and support. We have made a second large payment on the mortgage and might be making another large payment shortly after you read this article. With the shutdown happening, improvements continue to be made to our property and will continue to be made **as time goes by. We can't let the Post falter** as we did in the early 2000s. Membership is growing yearly as we are planning events to bring folks into the Post monthly. Friday night dinner will start up again when the shutdown ceases. Special events in the Tier I Lounge planned by Tricia and the house committee are always fun. Paul Kaepfel is doing a great job planning special dinners with live music. These type of things must continue in order to keep the Post a vibrant place.

I want to give a special thank you to several people who were critical to our success. Jon Taylor our finance officer who has been with

me from almost the beginning. He has been diligent in providing real accounting services free of charge for many years and has been doing our taxes each year we have been together. His service has saved us thousands of dollars over the years. Next is our long time member Charlie Buettner, along with Jack Kockersberger have been the go to guys for needed repairs to lighting, electrical and plumbing. When we were broke they stepped up to provide for the Post their labor and sometimes materials. Next is Maudie Price our Chaplain Emeritus. She has been a behind the scenes warrior providing support to this Post when it was least expected. A donation to pay our mortgage payment in February 2013 when we were flat broke, I attribute to her generosity. Stu Bailey is another who stepped up to honcho the House Committee, taking over the tail gates, planning events and ultimately providing the Tier I Lounge with new tables and chairs through their efforts. Last but not least is our Commodore Pat Peterson, who has been a behind the scenes supporter providing his wisdom and energy to this Post. He started the tail gates, planned and paid for the event and along with Bill Hall cooked the burgers and dogs.

Thank you to all of you who have supported me over the years and please give the Post your continued support. For GOD and Country,
Bob Eidsvoog, General Manager

Third Vice Commander

Considering the outbreak of the COVID-19 the Post will follow all directions to keep Post 176 safe for all members. This includes following Legion and Governmental directives. Please remember this is a WAR against a deadly disease that will effect you if you do not take proper precautions. SEE E-NEWS for any changes to Post 176 effecting Warrior café, TIER-1 Social Quarters or any other part of the Post. WE DO NOT WANT TO LOOSE ANY MEMBERS OR FRIENDS OF THE POST. On an up side note Post 176 has attained 100.209% of the Post membership goal and WE THE STAFF THANK YOU ALL. God Bless Paul Kaepfel, 3rd Vice



Sons of The American Legion

The squadron dues have increased for the 2020-2021 year. Please take notice starting July 1, 2020 that dues are now the following: \$35.00 Regular Members, \$30.00 Duel Members, \$20.00 Youth Members (under 18)

If you send a check for the incorrect amount it will not be accepted, and you will not receive your membership card.

Our election of officers is in May with Installation taking place in June alongside the rest of the American Legion Family. If you wish to serve your squadron and community, we strongly encourage you to attend some of our meetings.

As of writing this, at the end of March, our membership has been strong, but we still could do better. We have 116 members either renewed or joined, and we need to reach 130 by June. Please do your part by **either renewing or signing up!** You can find the form to sign up on the post website under “Membership” and please send a copy of the persons DD214 you are using for admission of membership.

For God and Country, Tyler Vanice, Squadron Adjutant/District Commander

Commander	Marty Pfeifer Acting	Finance Officer	Kevin Campbell
First VC	Marty Pfeifer	Chaplain	Paul Kaepfel
Second VC	Jason Rodriguez	Historian	Michael Wolfe
Adjutant	Tyler Vanice	Membership	Tyler Vanice
Sergeant-at-Arms	Chuck Seward		



Legion Auxiliary 176

No Auxiliary meetings in July and August 2020

The Auxiliary is conducting a long term project to provide support to the patients and their families, at Walter Reed National Military Medical Center. There is a box in the Social Quarters where donations can be placed.

The emphasis is providing items that are not covered in normal medical care. The items on the current list are extensive and a list is posted in the Warriors Cafe. If you can provide any of them, there is a box in the TIER-1 social quarters with a sign. Auxiliary Historian Rita Newbegin is leading up the effort and will deliver these donations.

For God and Country, Stephanie Dabbe, President

OFFICE	NAME	OFFICE	NAME
President	Sephania Dabbe	Chaplain	Rebecca Campbell
Vice President	Susan Hendrick	Sergeant-At-Arms	Mary Siwik's
Secretary	Floy Lipscomb	Membership	
Treasurer	Coleen Austin	Historian	Rita Newbegin

Fort Belvoir Military Retiree Council Meetings

925 Middleton Rd, Bldg. 1189 behind Specker Field House

THU, June 18, 9:00-11:00 PM	THU, Aug 20, 9:00-11:00 PM
THU, Oct 15 9:00-11:00 PM	THU, December 10, 9:00-11:00 PM



Military Retiree Appreciation Day Sep 18, 2020
Specker Field House

Post Officers & Event Managers 2019-2020

Commander Dennis Madtes Commander@post176.org	First Vice Commander Bob Eidsvoog FirstVice@post176.org	Second Vice Commander Marty Pfeifer SecondVice@post176.org	Third Vice Commander Paul Kaepfel ThirdVice@post176.org
Adjutant Carl Simchick Adjutant@post176.org	Finance Officer Jon Taylor FinanceOfficer@post176.org	Chaplain Janet Prall Chaplain@post176.org	Sergeant-at-Arms Kevin Gaddis Sergeant-at-Arms@post176.org
Service Officer Ali Nikolai ServiceOfficer@post176.org	Judge Advocate Michael Farabaugh JudgeAdvocate@post176.org	Historian Bob Loach Historian@post176.org	General Manager Bob Eidsvoog GeneralManager@post176.org
Members-at-Large 1-year Rex Cunningham 1YrMember-at-large@post176.org	Members-at-Large 2-year Floyd Cline 2YrMember-at-large@post176.org	Members-at-Large 3-year Scott Logan 703-451-4797	Auxiliary President Stephanie Dabbe AuxiliaryPresident@post176.org
Legion Riders Craig Hendrickson ALRDirector@post176.org	Acting SAL Commander Marty Pfeifer SALCommander@post176.org	Public Relations Paul H Kaepfel PublicRelations@Post176.org	Post Script Editor Mack Brooks NO POST 176 EMAIL
Past Commander Paul Ed Amoros PastCommander@post176.org	Bridge Club Bonnie Norem 703-477-4496	E-News Theron Patrick E-News@post176.org	Blood Drive Theron Patrick BloodDrive@post176.org
Web Master Jim Fisher webmaster@post176.org	Cribbage Paul McFarland cribbage@post176.org 703-491-1928	Karaoke Joe Clay KARAOKE@POST176.ORG	House Committee Chairman Robert Sylvia Housecommittee@post176.org

The Ledger Domain Finance

In response to Ft Belvoir USO's urgent call for donations needed to fund the increased costs caused by the COVID-19 virus, the post sent the USO an emergency donation of \$5,000.

BATHROOMS UPGRADED

The final quote is in for the renovation of the first floor bathrooms and is more favorable than previous quotes so during the Post 176 closure due to COVID-19 virus the first floor bathroom renovations will be accomplished. This will provide the post with the advantage of providing all members and guests the opportunity to enjoy fabulous new bathrooms at the least cost possible. The owners of Water management Inc. reduced their labor costs and will donate to us plumbing supplies and several plumbing fixtures. That donation is more than \$2,000.00! All of the plumbing fixtures are High

Springfield Days Car Show

June 7, 2020
10:00 AM until 2:00 PM
Vehicle registration opens at 8:00 AM

Post 176
6520 Amherst Ave.
Springfield, VA 22150

FREE REGISTRATION and ADMISSION
See E-NEWS for more information

American legion Post 176

42nd Annual Mother's Day Rod Run

CRUISIN' Company CAR SHOW

SUNDAY, MAY 10, 2020
10:00 AM - 4:00 PM

OPEN TO ALL MAKE AND models: antiques, classics, street rods, muscle cars, customs & exotics

\$20 Registration Fee
\$3 Spectators

POC: Cookie Downs 703-608-2488

Rain Date: May 17, 2019

POST 176 ELECTIONS

Elections for Post 176 leadership positions will occur at the May 2020 General Membership Meeting (GMM). As of 2/18/2020, the following members have expressed interest in the following positions:

Position	Incumbent	Candidates
Commander	Dennis Madtes	Dennis Madtes
First Vice Cmdr.	Bob Eidsvoog	Marty Pfeifer
Second Vice Cmdr.	Marty Pfeifer	Kevin Gaddis
Third Vice Cmdr.	Paul Kaepfel	Paul Kaepfel
Adjutant	Carl Simchick	Carl Simchick
Finance Officer	Jon Taylor	
Chaplain	Janet Prall	Janet Prall
Sergeant-at-Arms	Kevin Gaddis	
Service Officer	Ali Nikolai	Ali Nikolai
Judge Advocate	Michael Farabaugh	Michael Farabaugh
Historian	Bob Loach	Bob Loach
Member-At-Large (1 year term)	Rex Cunningham	Floyd Cline <i>Note 1</i>
Member-At-Large (2 year term)	Floyd Cline	Scott Logan <i>Note 1</i>
Member-At-Large (3 year term)	Scott Logan	Rex Cunningham Denis "Flap" Fowler

VA Telehealth Services (VA ATLAS)



U. S. Department of Affairs Office of Connected care



ATLAS Newsletter Information for American Legion Post #176

Receive healthcare from Department of veterans Affairs (VA) providers at our own Post #176
See E-NEWS or ATLAS website for opening.

VA and The American Legion have teamed up in a new opportunity called ATLAS (Accessing Telehealth Local Area Stations) to offer VA care in communities where Veterans may face challenges to receiving care from the nearest VA facility, such as long travel times due to heavy traffic.

As part of the innovative ATLAS program, The American Legion ATLAS site offers you a convenient location to have video appointments with your VA providers closer to home – saving you travel time and transportation costs! The VA delivers the clinical care, while The American Legion provides a private appointment room that is fully equipped with the necessary technology for you to connect remotely with your VA care team.

Post #176 is one of nine ATLAS sites nationwide, including Veterans of Foreign Wars posts and Walmart locations. Starting in spring 2020, all Veterans enrolled in the Washington D.C. VA Medical Center will be able to have appointments with VA providers at Post #176 through VA **Video Connect, VA's secure video appointment technology. Ask your VA provider about ATLAS** today or learn more by visiting the [ATLAS website](https://connectedcare.va.gov/partners/atlas). - <https://connectedcare.va.gov/partners/atlas>

Hours Of Operation

Warrior Café

Breakfast & Lunch
Monday — Saturday
7:00 AM — 2:30 PM

Sunday
8:00 AM — 2:00 PM

Friday Night Dinner
5:30 PM - 7:30 PM

Tier-1 Lounge

Monday - Thursday
11:30 AM — 10:00 PM

Friday — Saturday
11:30 AM — 1:00 AM

Sunday
12:00 PM — 9:00 PM



Post 176

YOUTH & CHILDREN'S PROGRAMS



Boy Scouts	Troop 1347	Troop1347.org
Boys State	Marty Pfeifer	boysstate@post176.org
Girls State	Floy Lipscom	Auxiliary
Baseball	Jon Taylor	financeofficer@post176.org
Sea Scouts Ship 1176	Joel Davis	jdavid515@aolcom
Youth Cadet Law Enforcement	WJ Leonard	WJLVFW1@aol.com
Oratorical	First Vice	vapost176@cox.net
Civil Air Patrol	Lt Col William Eliason	dc045.natcapwing.org



The National Museum of the Army will open June 4 (will be delayed check web site) at

Fort Belvoir Virginia. Tickets will be required. For more information go to <https://armyhistory.org/about-the-museum/>



Post VETOGA

7:00 PM every Monday

Join for one hour of great exercise for improving your mental and physical well being.

6520 Amherst Ave
Springfield, VA 22150



US Department of Veterans Affairs

Hot Line



Virginia Department of Veterans Services (DVS)

Connects Virginia's veterans and their families to federal and state benefits, support, quality care, and recognition they have earned.

Springfield Benefit Office Service Area

Pentagon, Henderson Hall-Fort Myers, Fort Belvoir, Arlington County, Alexandria-Fairfax Counties, Springfield-Franconia, Lorton, Loudoun, Fredericksburg and surrounding areas.

Hours of Operation: Monday - Friday 8:00 AM to 4:30 PM

Veterans seen: 9:00 AM to 3:30 PM

Address: 6564 Loisdale Ct.; Suite 301 Springfield, VA 22150; 703-417-9090

May-June 2020 PostScript

Editor: Mack Brooks

Senior Editor: Comrade Paul Kaepfel, Public Relations, 3rd Vice Commander

Editors: Comrades Dennis Madtes, Edward Amoros, Jon Taylor

Facebook: <https://www.facebook.com/legionpost176>

Story ideas, suggestions, or comments to improve the Post Script

POST 176 EVENTS SCHEDULE

May 220 Auxiliary Month

5	6:00 PM 7:30 PM	Legion Riders Meeting General Membership & Auxiliary Meetings
6	7:00 PM	Bridge
7	7:00 PM	Cribbage
9	8:00 AM	Ranger and Special Forces Breakfast
10	8:00 AM	Mothers Day Buffet
10	10 AM - 4 PM	Crusin' Company Car Show CANCELLED
12	7:00 PM	Sons of The American Legion Meeting
14	7:00 PM	Cribbage
16	1300 HRS	Chapter 353 Military Order of the Purple Heart
19	7:00 PM	EXCOM Meeting
20	7:00 PM	Bridge
21	7:00 PM	Cribbage
22	11:30 AM	Chamber of Commerce/Post 176 Wreath Laying Ceremony
22-25	ALL DAY	Rolling Thunder
25	11:00 AM	Memorial Day Ceremony Joint VFW/AL Post 176 AL Lead
28	7:00 PM	Cribbage

June 2020 Lend a Hand for Veterans Month

2	6:00 PM 7:30 PM	Legion Riders Meeting General Membership & Auxiliary Meetings
3	7:00 PM	Bridge
4	7:00 PM	Cribbage
6	8:00 AM	Ranger and Special Forces Breakfast
7	10 AM - 2 PM	Springfield Days/Post 176 Car Show
9	1:30 PM - 7:30 PM	Blood Drive
11	7:00 PM	Cribbage
16	7:30 PM	SAL Meeting
17	7:00 PM	Bridge
18	7:00 PM	Cribbage
19	5:30 PM - 7:30 PM	Fathers Day dinner at Post 176
20	1:00 PM	Chapter 353 Military Order of the Purple Heart
25	7:00 PM	Cribbage

July 2019: Independence Month

7	6:00 PM 7:30 PM	Legion Riders Meeting General Membership Meeting
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Tier-1
Lounge

KARAOKE

Joe Clay

8:30 PM until Closing

Saturday, June 20, 2020

CHECK E-NEWS

FOR ADDITIONAL
EVENT

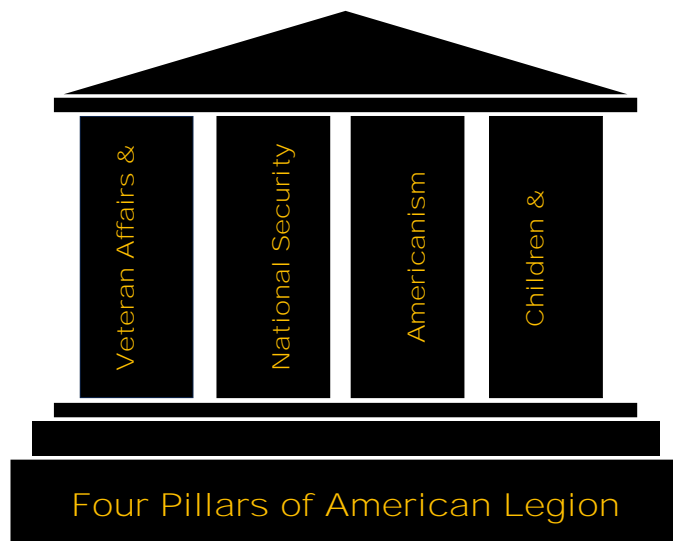
CANCELLATIONS



AMERICAN LEGION

Post 176 Springfield
P. O. Box 689
Springfield, VA 22150

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For God and Country



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