



# Post Script

American Legion Springfield ♦ Post 176 6520 Amherst Avenue ♦ Springfield, VA 22150

www.post176.org

703-440-0336

July-August 2020



Bob M. Eidsvoog &

## Farewell to Bob E.

**Robert “Bob” M. Eidsvoog has been a member of the American Legion since February 2008 and his 13 years of continuous membership are all at Post 176 in Springfield, Virginia. Bob’s eligibility is from serving honorably during the Vietnam Era. Bob’s first position was the Post 176 Adjutant in 2010. During this time, the Post fell on hard times and Bob gave up his position as Post Adjutant and stepped up to be the Post General**

Manager of a Post without a charter, very little money in the bank, and a very large mortgage.

In less than two years, with the charter returned, largely due to the efforts of Bob, in June of 2012, Post 176 was recognized by the 17th District at its District Convention with the year 2011-2012 awards: 1st Place Americanism Award; 1st Place Veterans Affairs and Rehabilitation Award (Large Category); 1st Place Post of the Year (Large Category); and, the Liberty Bell Award for the most outstanding Post in the District. From that era with a membership low of less then 1300, Post 176 continues to grow with more than 1450 as of this writing and continues to be the largest American Legion Post and operation in the Commonwealth (Department) of Virginia.

**During Bob’s 13 years of membership at Post 176 and in the American Legion, Bob served not only as the Post Adjutant, 2010; he served on the National American Legion Press Association, 2013; 17<sup>th</sup> District Commander, 2016-2017; American Legion National Security Council, 2017-present; Post 176 First Vice Commander, 2018-2020; and the Department of Virginia Blood Donor Chairman, 2019. Bob was accepted as a Paid Up for Life Member in August 2014. Bob completed the American Legion Extension Institute in August 2016. Bob was the General Manager of Post 176 for 10 years.**

Bob deployed after 9/11 and had a tours-of-duty in Iraq and Afghanistan as a Counterintelligence Officer. Bob was a regular fixture at Post 176 never missing a Friday night dinner, singing karaoke on Saturday nights, or any other Post function. Bob enjoyed doing anything to help and honor veterans. He regularly planned and worked the spaghetti dinners at Post 176 for the wounded veterans participating in the annual Marine Corps Marathon, the Army 10-Miler, and the annual Wreaths Across America event in December. He not only supported Post 176, but he made sure to appear and participate at the District’s other Posts such as Annandale, Alexandria, Lorton, and Fairfax to include their monthly breakfasts. Bob never stopped serving.

Bob enjoyed socializing at the post and welcoming new members. Bob enjoyed “tinkering” with various “Mr. Fix It” tasks at the post. A ride in the big red Ford F-150 with “Baghdad Bob” was always a thrill. Tooting his horn at cars he thought were not going fast enough, passing on the right, and cutting through parking lots were all techniques that Bob used when going on errands.

Bob, on behalf of Post 176 and all your Legion friends, we wish you all the best and good health in the years ahead.

Dennis W. Madtes, Commander, Post 176



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## Important Dates

4 JUL	Independence Day
29 JUL	Post 176 Annual Picnic
27 JUL	End Korean War
2 AUG	Operation Desert Storm
4 AUG	Coast Guard Birthday
5 AUG	Gulf of Tonkin Vietnam 1964
7 AUG	Purple Heart Day
14 AUG	V-J Day



## Sons of The American Legion

It's a brand new legion year and we have new SAL officers. Please congratulate the new 2020-2021 officers when you see them. Commander Jason, or Jay, has been a valued member and I am sure he will represent us well at future events and conferences.

Make your check payable to "Sons of The American Legion Squadron 176" and mail it to American Legion Post 176, SAL Membership Chair, 6520 Amherst Ave, Springfield, VA 22150

The 17<sup>th</sup> District Sons of The America Legion is following the District in keeping the same officers for the new year. It is an honor to have Tyler Vanice, as District Commander, Marty Pfeifer, as 1<sup>st</sup> Vice Commander, Mike Wolfe, as 2<sup>nd</sup> Vice Commander, and Kevin Gaddis, as Sergeant-at-Arms.

Commander Jay is working logistics for the Sons Annual Pig Roast later this year. As of writing, it is difficult to say with if the Squadron can hold this event. We want to hold it in September. We will do our best to let everyone know as matters develop.

We want to thank the previous General Manager Robert "Bob" Eidsvoog for his many years of support to the SAL. He has been a pillar in our Post life. It will not be same without his guidance. We wish him peace and happiness in his future endeavors. For God and Country, Tyler Vanice, Adjutant

Jason Rodriguez SALCommander@post176.org	Commander	Marty Pfeifer SALFirstVice@post176.org	First Vice Commander
Tyler Vanice SALAdjutant@post176.org	Adjutant	Kevin Campbell SALFinance@post176.org	Finance Officer
Michael Wolfe SALHistorian@post176.org	Historian	Paul Kaeppel SALChaplain.post176.org	Chaplain
Chuck Sward SALSergeant-at-Arms@post176.org	Sergeant-at-Arms	Jason Rodriguez SALmembership@post176.org	Membership Chair



# Post 176

## Project Atlas



Opening on July 29, 2020

A great Step Forward-Providing the Best Service from Veteran Affairs

Veterans Affairs and The American Legion have teamed up in a new opportunity called ATLAS (Accessing Telehealth Local Area Stations) to offer VA care in communities where Veterans may face challenges to receiving care from the nearest VA facility, such as long travel times due to heavy traffic.

As part of the innovative ATLAS program, The American Legion Post 176 ATLAS site will offer a convenient location to have video appointments with VA providers closer to home – saving travel time and transportation costs! The VA delivers the clinical care, while The Post 176 provides a private appointment room that is fully equipped with the necessary technology to connect remotely with a VA care team.

Starting in Summer 2020, all Veterans enrolled in the Washington D.C. VA Medical Center will be able to have appointments with VA providers at Post #176 through VA Video Connect, VA's secure video appointment technology. Ask your VA provider about ATLAS today or learn more by visiting the ATLAS website.

*For the Latest Updates Concerning Project Atlas, See the E-News*



# Red Cross Blood Drive

in Honor of Comrade Joe Finch  
Tuesday, August 11, 2020  
1:30PM to 7:30PM



Go to [www.redcrossblood.org](http://www.redcrossblood.org)

**Put in sponsor Code “AMERICANLEGION176VA” in the search box**

To talk to a live person, call 1-800-RED-CROSS (option 3). Tell the representative you want to donate at the American Legion in Springfield (sponsor code above) on **August 11, 2019**. **If you can't make an appointment, come anyway.** There are always open spots.

Post Contact: Theron Patrick ([BloodDrive@post176.org](mailto:BloodDrive@post176.org)). Scheduled **Blood 2020** drives: **Oct 13 & Dec 8**



On April 16, 2020, the U.S. Army announced it will postpone the National Museum of the United States Army's June 4, 2020, public opening. An opening day announcement will be posted on the Museum website <https://armyhistory.org/opening-day/> or Post176 E-NEWS

The online ticket reservation system will open when the Army determines the new opening date.



## DAV \$250 Grants

Service-connected disabled veterans who lost employment because of the coronavirus pandemic can apply for \$250 grants from Disabled American Veterans.

“People are anxious. They’re worried about being able to take care of their families,” said Dan Clare, a DAV outreach officer. “We want to provide a little bit of assistance for as many as we can.”

Veterans can apply for a DAV unemployment grant, which will be issued on a first-come first-serve basis, at [www.DAV.org/COVIDrelief](http://www.DAV.org/COVIDrelief).

Veterans who want to learn more about the benefits available to them can visit [www.benefitsquestions.org](http://www.benefitsquestions.org). To donate to the emergency campaign, go to [www.DAV.org/relief](http://www.DAV.org/relief) or text RELIEF to 484848.

## Post 176 Riders



The Riders have kept in contact with each other via email during the stay at home order.

We have made donations to the following organizations: Greater Springfield Volunteer Fire Department, Final Salute Inc., Warrior Canine Connection, and Yellow Ribbon Fund. In the latter part of May, a few of us met at the Post for Sunday breakfast, while practicing social distancing. Many of the charities in which the Riders participate were rescheduled for September.

Craig Hendrickson, Director ALR 176  
For God and Country,

## What's Happening at the Post?

Post 176 publishes a weekly email newsletter that will keep you up to date on Post 176 happenings. If you are not getting the e-newsletter, it means we don't have your email address.

To get on our emailing list. Go to <http://post176.org/> and click on the subscribe box and fill out the form. In the “Organization” box, put in Legionnaire, Sons, Auxiliary, or Friend. Then click on the “SUBSCRIBE” button.

SUBSCRIBE to Post 176 E-News

## National Cemetery Burials

An article in the latest edition of the American Legion Magazine said, "Many veterans don't realize that their military service entitles them to be interred in a national cemetery at no cost to them or their families."

Even if you never received disability or any other VA benefit, if you served on active duty and were discharged under conditions other than dishonorable, you are eligible. If you served in the National Guard or reserve and were mobilized or served long enough to earn retirement, you are eligible. Yet most veterans and their families don't take advantage of this benefit, which would save them thousands of dollars.

The best and most effective way to ensure you get the burial or memorial benefits you and your spouse have earned from military service is through the VA's Pre-Need Eligibility (Pre-Need) program.

Pre-Need establishes eligibility for VA burial and memorial benefits before you die, so your family doesn't have to go searching for documentation at the time of your death. Simply fill out VA Form 40-10007 and mail it in to the St. Louis office indicated on the top of the form. You can print out a form or fill it out online at [www.cem.va.gov/pre-need](http://www.cem.va.gov/pre-need). The VA will review your application, and you will get a letter confirming or denying eligibility. If approved, place the letter in a safe location, inform your family and rest easy."



### Post 176 Chaplain

The American Legion and our nation celebrate our Declaration of Independence, on July 4<sup>th</sup> and the end of the Korean War. **LUKE 4:18: "... set free those who are oppressed,"** provides meaningful inspiration to those with the courage to point others in a better direction.

The Founders' wisdom, and the support of the clergy, which later became known as the Black Robe Regiment, propelled our nation forward and prepared the ground for the final Declaration of independence, a document many Americans take for granted. Our wars and conflicts have been testament to American righteousness, foreign and domestic. During this 4<sup>th</sup> of July celebration, may we remember the America's spiritual compass, as we enjoy the fruits of our freedom. For God and Country, Janet, Post Chaplain



### From The Ledger Domain

The Dentz Trust fund tasks Post 176 to support charitable organizations, in accordance with the trust's terms. In 2020, the Post 176 remitted the donations below. The Dentz Trust donations were approved by the EXCOM, at the meeting, on Jan 7, 2020, and by Post members, at the General Membership meeting, on Feb 4, 2020. For God and Country, Dave Connolly, Finance Officer

Fisher House - Fort Belvoir	\$2,500	Army Emergency Relief Fund, Arlington, VA	\$2,500
USO Warrior and Family Center, Fort Belvoir, VA	\$2,500	Air Force Aid Society, Arlington, VA	\$2,500
Hope for the Warriors, Springfield, VA	\$2,500	Coast Guard Mutual Assistance, Arlington, VA	\$2,500
Child Welfare Fund, American Legion, Indianapolis, IN	\$2,500	Navy-Marine Corps Relief Society, Annapolis, MD	\$2,500



### Historian

Although the Post has been shutdown, in keeping with the Governor of the Commonwealth's guidelines, the Post continued to set a pattern that makes our history great. The Post continued to pay the staff, while we were closed. Necessary work on the bathrooms was completed before the shutdown occurred. So, now, all bathrooms have been upgraded. Your EXCOM continued to coordinate activities using emails and may move to Zoom Meetings to conduct business. The VA Health Center ATLAS is primed move forward, when the Commonwealth is cleared to open. Post 176 may be limited to just lunch, but it has not quit making history or working to make Post 176 the best in the Commonwealth for you. For God and Country Robert Loach, Historian, Post 176<sub>4</sub>



## Legion Auxiliary 176

Unit 176 hopes that you had a meaningful Memorial Day. We will never forget the men and women who paid the ultimate price for our freedom. Even though we could not have our Poppy Distribution this year, the good news is that contributions to the Poppy Fund are accepted all year round. All of these funds are only used for veterans and active duty military.

Due to the Pandemic and our inability to hold elections, the Auxiliary Board of Officers will remain in office for the coming 2020-2021 year. I want to thank each of you for your continued service. We have been emailing and telephoning each other to keep our spirits up.

Unit 176 thanks Past Commander Robert Eidsvoog for his years of service to our Post. We appreciate all of the support he has given our unit. We send our best wishes for his retirement.

**In closing please stay safe and I can't wait to see you all again.**

We will not have a meeting in July and August but will reconvene in September at our usual time.  
For God and Country, Stephanie Dabbe, President

Office	Name	Office	Name
President	Stephanie Dabbe	Chaplain	Rebecca Campbell
Vice President		Sergeant-at-Arms	Mary Siwik
Secretary	Floy Lipscomb	Membership	
Treasurer	Coleen Austin	Historian	Rita Newbegin

## Virginia Department of Veterans Services

Virginia Veteran and Family Support (VVFS) Program) monitors and coordinates behavioral health, rehabilitative, and supportive services through an integrated, and responsive system of care.

**Received the following from VVFS April 24, 2020**

For the health and safety of our clientele and staff, DVS offices are not meeting face-to-face with clients until further notice, however we are open for business and available to assist veterans and their families remotely, communicating via mail, email and telephone. Your calls will be returned within one business day. Note: Our return calls may appear as a Blocked Call. **Please don't hesitate to contact me** at [Samara.Alexander@dvs.virginia.gov](mailto:Samara.Alexander@dvs.virginia.gov) or by phone at 703-417-9090. The Springfield office mailing address is 6564 Loisdale Ct Ste 301 Springfield VA 22150. We look forward to assisting.

### Boys State Update



This year, Post 176 would have sponsored students for Boys State. Boy's State from Thomas Jefferson, Lake Braddock, West Springfield, Edison, and Lee high schools to go to Radford University. The Corona Virus changed all that.

Thanks to Floyd Cline, Murray Rupert, James Martin for their efforts.

For God and Country,  
Marty Pfeifer  
First Vice Commander

SEE E-NEWS  
FOR UPDATES



SEE E-NEWS  
FOR UPDATES

### *Elegant Outdoor Dining*

Tier-1 events began on Friday May 29, 2020.

Hours of Operation 7:00 AM - 7:00 PM

Warrior Cafe is open from 7:00 AM - 2:00 PM for breakfast and lunch

Tier-1 Lounge served 12:00 PM - 7:00 PM on the Patio

Beer and wine available in the tent from noon until 7:00 PM

Beer and wine are \$3.00. Setups are \$2.00 and soda and water are \$1.00

**Warrior Cafe food is for outside or "to go" eating. Masks are mandatory when moving about, but not while eating or drinking. Family groups may sit together. Others should maintain a 6-foot distance. Tents are a tobacco free zone. The Post 176 remains closed. Post opening date to be determined in compliance with Virginia and County Guidance.**

# Post Officers & Event Managers 2020-2021

<b>Commander</b> <b>Dennis Madtes</b> Commander@post176.org	<b>First Vice Commander</b> <b>Marty Pfeifer</b> FirstVice@post176.org	<b>Second Vice Commander</b> <b>Kevin Gaddis</b> SecondVice@post176.org	<b>Third Vice Commander</b> <b>Paul Kaepfel</b> ThirdVice@post176.org
<b>Adjutant</b> <b>Carl Simchick</b> Adjutant@post176.org	<b>Finance Officer</b> <b>Dave Connolly</b> FinanceOfficer@post176.org	<b>Chaplain</b> <b>Janet Prall</b> Chaplain@post176.org	<b>Sergeant-at-Arms</b> <b>Kay Croll</b> Sergeant-at-Arms@post176.org
<b>Service Officer</b> <b>Ali Nikolai</b> ServiceOfficer@post176.org	<b>Judge Advocate</b> <b>Michael Farabaugh</b> JudgeAdvocate@post176.org	<b>Historian</b> <b>Bob Loach</b> Historian@post176.org	<b>Acting General Manager</b> <b>Marty Pfeifer</b> GeneralManager@post176.org
<b>Members-at-Large</b> 1-year <b>Floyd Cline</b> No E-Mail	<b>Members-at-Large</b> 2-year <b>Scott Logan</b> 2YrMember-at-large@post176.org	<b>Members-at-Large</b> 3-year <b>Rex Cunningham</b> 3YrMember-at-large@post176.org	<b>Auxiliary President</b> <b>Stephanie Dabbe</b> AuxiliaryPresident@post176.org
<b>Legion Riders</b> <b>Craig Hendrickson</b> ALRDirector@post176.org	<b>SAL Commander</b> <b>Jason Rodriguez</b> SALCommander@post176.org	<b>Public Relations</b> <b>Paul H Kaepfel</b> PublicRelations@Post176.org	<b>Post Script Editor</b> <b>Mack Brooks</b> NO POST 176 EMAIL
<b>Past Commander</b> Paul Ed Amoros PastCommander@post176.org	<b>Bridge Club</b> <b>Bonnie Norem</b> 703-477-4496	<b>E-News</b> <b>Theron Patrick</b> E-News@post176.org	<b>Blood Drive</b> <b>Theron Patrick</b> BloodDrive@post176.org
<b>Web Master</b> <b>Jim Fisher</b> webmaster@post176.org	<b>Cribbage</b> <b>Paul Mcfarland</b> cribbage@post176.org 703-491-1928	<b>Karaoke</b> <b>Joe Clay</b> KARAOKE@POST176.ORG	<b>House Committee Chairman</b> <b>Robert Sylvia</b> Housecommittee@post176.org

Hours

Tier-1 Lounge

Sunday-Saturday  
12:00 PM - 7:00 PM

See E-NEWS

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Warrior Café

Breakfast & Lunch  
Sunday - Saturday  
8:00 AM - 2:00 PM

See E-NEWS

Friday Night Dinner  
5:30 PM—7:30 PM

See E-NEWS


Post 176		
Boy Scouts	Troop 1347	Troop1347.org
Boys State	Marty Pfeifer	boysstate@post176.org
Girls State	Floy Lipscom	Auxiliary
Baseball	Dave Connolly	financeofficer@post176.org
Sea Scouts Ship 1176	Joel Davis	jdavid515@aolcom
Youth Cadet Law Enforcement	WJ Leonard	WJLVFW1@aol.com
Oratorical	First Vice	vapost176@cox.net
Civil Air Patrol	Lt Col William Eliason	dc045.natcapwing.org



**ECHO**  
Ecumenical Community  
Helping Others

7205 Old Keene Mill Rd.  
Springfield, VA 22150  
703-565-7972

[http:// WWW.ECHO-INC.ORG](http://WWW.ECHO-INC.ORG)  
ADMIN@ECHO-INC.ORG



**VETOGA**

7:00 PM every Monday

Come for one hour of great exercise for improving your mental and physical well being.

6520 Amherst Ave  
Springfield, VA 22150


# TEMPLATE POST SCHEDULE

General Membership Meeting (GMM), 1 <sup>st</sup> Tuesday of each month	7:30 PM
EXCOM Meeting, 3 <sup>rd</sup> Tuesday of each month	7:00 PM
Legion Riders Meet, 1 <sup>st</sup> Tuesday of every month Game Room	6:00 PM
Auxiliary Meeting, 1 <sup>st</sup> Tuesday of each month (September to June) Warrior Café	7:30 PM
Sons of the American Legion (SAL) Meeting, the 2 <sup>nd</sup> Tuesday of each month (September to June) Game Room	7:00 PM
Monthly National Capitol Area Ranger & Special Forces Breakfast, 2 <sup>nd</sup> Saturday of each month, except National Holiday Weekends, then breakfast on the 3 <sup>rd</sup> Saturday	8:00 AM
Bridge Club Meeting, 1 <sup>st</sup> and 3 <sup>rd</sup> Wednesdays of each month Warrior Café	7:00 PM
Cribbage, every Thursday	7:00 PM
Yoga Classes, every Monday, except for federal holidays. Contact sticley.michael@gmail.com for information	7:00 PM - 8:00 PM
Purple Heart Chapter 353 - 3 <sup>rd</sup> Saturday of the month except for July, August and December at 1300 in upstairs meeting room.	1:00 PM
Blood Drive, 2 <sup>nd</sup> Tuesday every even numbered month.	1:30PM - 7:30 PM
Some event that are normally conducted inside the Post will be conducted outside in the Patio area, to comply with COVID-19 guidance	

## Tier-1 Lounge

Upstairs Closed

Events are Conducted Outside Under the Patio Tents  
12 Noon - 7:00 PM  
See E-NEWS for updates



Banquet Hall Events  
Subject to be Determined as CORVID-19 Compliance Allows

## Service to Veterans



Throughout these difficult times, our Post continues to support veterans in need. Working with AmericaServes and Virginia Veteran and Family Support (VVFS), we were able to provide financial aid to two families, with other Northern Virginia Posts. Through our referrals, VVFS helped two other veterans, one of whom was homeless. We are still assisting veterans with disability entitlements and claims. Anyone needing to file a claim can contact me

([ServiceOfficer@post176.org](mailto:ServiceOfficer@post176.org)) or my associate, Bob White, at [etihwr2@verizon.net](mailto:etihwr2@verizon.net), or weekdays from 0900 to 1900 at 240-898-4011.

Ali Nikolai, Service Officer

# HAPPY

# 4<sup>th</sup> of

# JULY

## Post 176 Pot Luck Picnic

See E-news for latest updates

July 4, 2020

3:30 PM - 7:30PM

Bring What You Want & Join in the Games

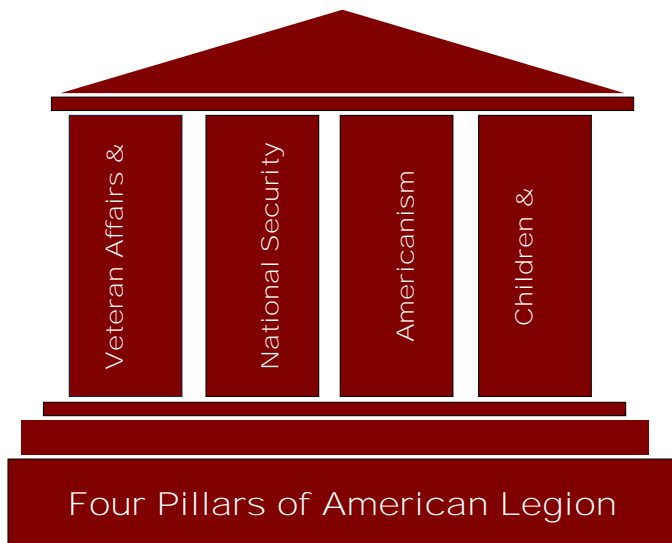
See E-news for latest updates



# AMERICAN LEGION

Post 176 Springfield  
P. O. Box 689  
Springfield, VA 22150

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NONPROFIT ORG  
U.S. POSTAGE PAID  
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*For God and Country*



[www.post176.org](http://www.post176.org)